

from blur to clear™

 **VISTA**™ 眼科
eye specialist



ILASIK

Color your life with **new** vision

- ▶ No-Blade Experience
- ▶ Faster Recovery
- ▶ Individualized Treatment
- ▶ Eye Tracker with Iris Registration



IMAGINE LIFE WITHOUT CONTACT LENS & GLASSES

You can see clearly in bright, vibrant color. Activities like hiking, biking, swimming, tennis and golf are much more convenient because you don't have to worry about losing your contact lens or your glasses sliding down your nose. For many, LASIK has helped them to be free from contact lens and glasses. At VISTA, thousands of patients have benefited from our LASIK treatment through the combination of modern technology with the skills of highly experienced surgeons in a modern operating environment, with an awesome first class patient service.



THERE ARE TWO TYPES OF LASIK

**TRADITIONAL
BLADE LASIK**

*Discontinued
at VISTA
since 2006*

iLASIK

*Latest
at VISTA*

iLASIK

Color your life with **new** vision

VISTA proudly introduces iLASIK – a combination of iFS™ 150 Advanced Femtosecond Laser, VISX® Advanced CustomVue™ powered by the iDesign Advanced WaveScan Technology. The iDesign helps to provide a 3D map of your eye to measure the unique imperfections 125 times more precise than the measurements used in Standard LASIK.

iDesign*
Diagnostic & Detailed Mapping



iFS™ 150 Advanced Femtosecond Laser*
Safer Flap Creation



VISX® Advanced CustomVue™
Customized Wavefront Vision Correction



Technology powered by



KEY BENEFITS



A Leading Innovation for LASIK Procedure

Proven results from over 20 years of innovation and a broad range of FDA approved treatments for Wavefront Guided LASIK.



20/20 Vision Results

Delivers 20/20 outcomes with majority of our patients experiencing visual acuity correction of 20/20 or better.



No-Blade Experience

With iLASIK, the majority of complications associated with a blade from the traditional LASIK procedure are eliminated or reduced.



Eye Tracker with Iris Registration

The eye tracker locks on to your iris (with FDA approved technology) and also compensates for even slightest movement for complete accuracy.



Individualized Treatment

Each treatment is custom tailored to an individual's eyes by the unique characteristics of each eye via a detailed 3D map.



Faster Recovery

The iFS™ 150 Advanced Femtosecond Laser creates a stronger and smoother flap compared to traditional blade and earlier femtosecond technology, which results in shorter healing time and better visual quality.

Step 1 DIAGNOSTIC



-3.50/-1.00 x 90°

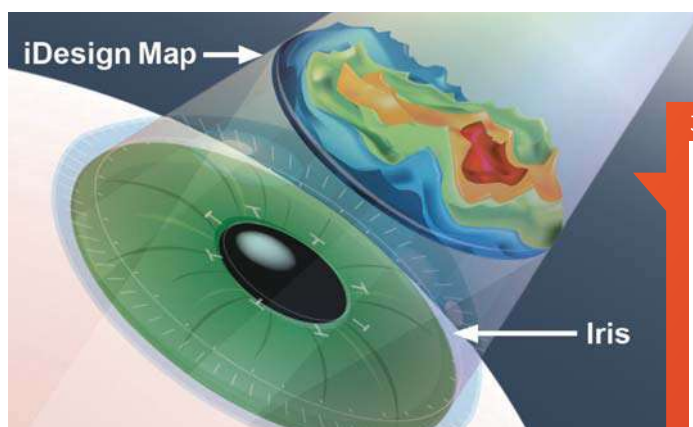
MANUAL REFRACTION

Using Trial Frame for Refraction to get the power of patient's eye.

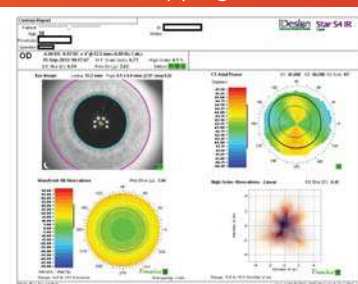
TRADITIONAL
BLADE LASIK

VS

iLASIK



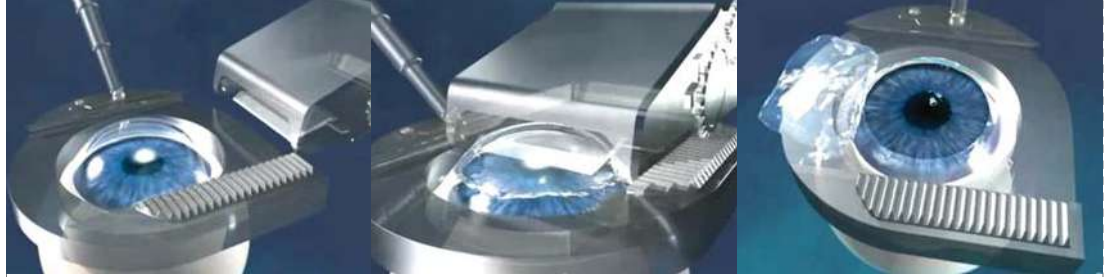
3D Detailed Mapping



iDESIGN

Using iDesign to get a **FULL** detailed mapping customized to each patient's eye.

Step 2 FLAP CREATION



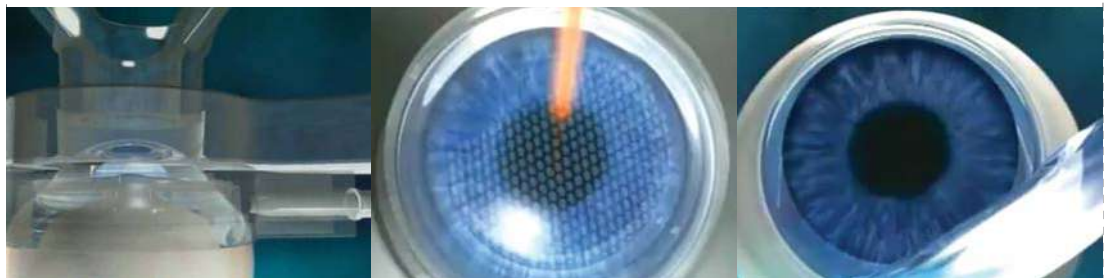
BLADE

The microkeratome (hand-held surgical instrument with an oscillating metal blade) is placed over the eye to separate a surface layer of the cornea and this is called a LASIK flap.

**TRADITIONAL
BLADE LASIK**

VS

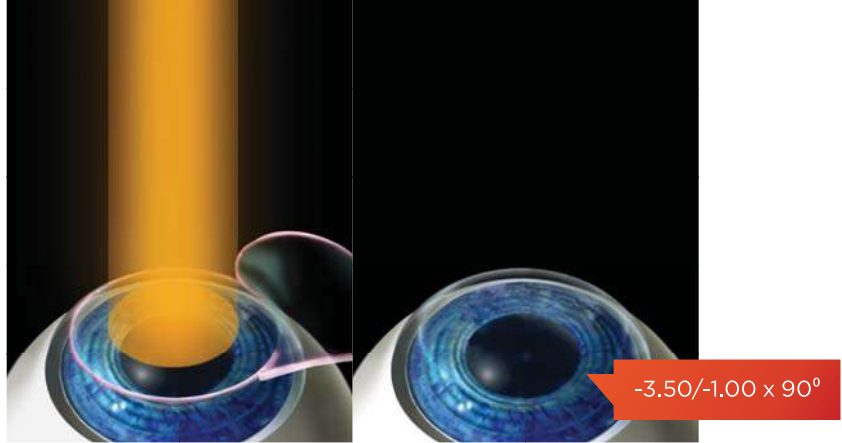
iLASIK



INTRALASE (NO-BLADE)

Instead of a blade, the computer-guided IntraLase laser quickly pulses light through the outer layers of the cornea as it moves back and forth across the eye to create microscopic bubbles at a specified depth in the eye for flap creation.

Step 3 VISION CORRECTION



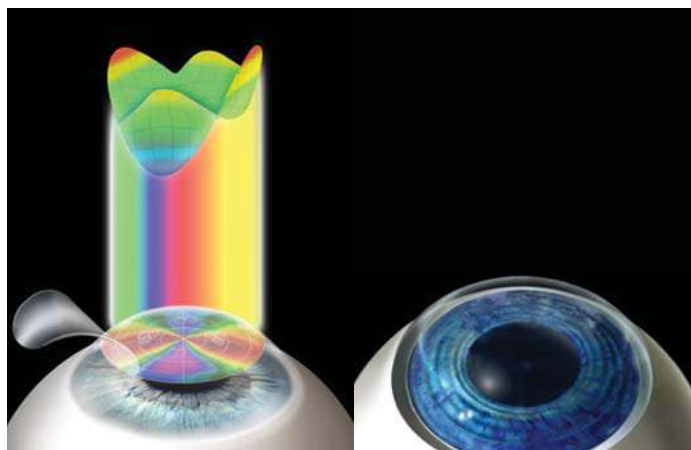
STANDARD TREATMENT

Once the flap is lifted, vision correction with the excimer laser takes place based on standard refraction power. Surgeon then put back the flap into it's original position.

TRADITIONAL
BLADE LASIK

VS

iLASIK



WAVEFRONT TREATMENT WITH EXCIMER LASER (FULLY CUSTOMIZED)

Vision correction then takes place based on the detailed mapping fully customized to each patient's eye by iDesign. Surgeon then put back the flap into it's original position. It is a painless and safe procedure.



PLANNING YOUR PROCEDURE

Step 1 INITIAL ASSESSMENT

Duration : 1 hour

Contact Lens : You may lay off your contact lens at VISTA (casing and solution provided).

- Schedule a complimentary preliminary consultation to find out if you are suitable.
- Educate yourself and set realistic vision goals.
- Know the facts, learn about your options for the procedure and what you can expect.
- Get honest straight forward answers and fees.

Step 2 SPECIALIST CONSULTATION*

Duration : 3 hours

Transport : You are advised not to drive for about 2 hours after the check as your vision may be blurry.

Contact Lens : Please lay off your contact lens for

Soft Lens - 2 weeks

Other Lens - 4 weeks

** Doctor consultation fees apply*

- Specialist consultation must be completed at least a day before your procedure.
- Complete diagnostic tests and comprehensive eye examination.
- Set realistic vision goals.
- One-to-one session with our specialist on your queries and condition.
- Review the Informed Consent, Before & After Care, and Medication Instructions for your procedure.

^ Step 1 & 2 can be combined

Step 3 PROCEDURE

Duration : 3 hours

Transport : You are advised not to drive immediately after the procedure.

- No make-up, perfume & deodorants.
- Relax.
- Follow post operative instructions.

Step 4 FOLLOW - UP

Duration : 1 hour

- 1 day, 1 week, 1 & 12 months routine follow-up eye check after the procedure.

COMMON FAQ

1 Am I Suitable?

All potential patients must undergo a comprehensive eye examination to determine their suitability for the procedure. We practise a ZERO compromise policy when it comes to patient suitability. Your safety comes above all else.

General Guidelines:

- Minimum 18 years old
- Have healthy eyes with no eye diseases or corneal abnormality
- Sufficient corneal thickness
- Not pregnant or currently nursing

** As a guide, a nursing mother can choose to have LASIK after the end of breast feeding.*

2 Can I go blind?

With over 10 million cases performed worldwide, there has not been any reported case of blindness as a result of the LASIK procedure. At VISTA, the incidence of blindness caused by LASIK is ZERO.

3 Is it painful?

No, the procedure itself is performed using only eye drop anesthesia and is painless.

4 What is the success rate? Do I still need to wear glasses after LASIK?

LASIK results varies between patients. At VISTA, over 99% of our patients do not need to wear any glasses or contact lens after LASIK.

5 What if my eyes move during the LASIK procedure?

VISTA employ the most advanced eye tracker technologies that locks to your iris and compensates for even the slightest movement – vertically, horizontally and even rotations – with FDA approved Iris Registration and Recognition technology that significantly improves accuracy during treatment.

6 I am over 40, is LASIK for me? Will I still need reading glasses?

Yes, LASIK will be able to correct your shortsightedness. But, if you are above the age of 40 and have difficulty reading up close, there are two options:

Option 1 Kamra Inlay Procedure is done 1 month after LASIK. It gives patient functional reading vision as well as good distance vision.

Option 2 For those who are not suitable for the above, the Monovision option is also available at VISTA. However, this is not a perfect solution and will only delay the need of reading glasses.

** The above options will not totally eliminate reading glasses. Occasional readers for very small print or fine work may be needed. Please contact our friendly staff for further detail.*

7 Is LASIK permanent?

Yes. In most cases, shortsightedness will become stable after the age of 18 and the modification of cornea shape with LASIK is permanent. In very rare cases where you are shortsighted again after LASIK, VISTA's Lifetime Commitment Program offers free retreatment for life.

8 When can I resume normal activities?

Most people return to work and can drive within 24 hours after the procedure. As a safety precaution, you should refrain from contact & water sports or water activities for a period of 1 month.

9 Recovery Process

Visual recovery is rapid after LASIK. Within 24 hours, most patients can see clear enough to drive. You will experience slight discomfort 4-6 hours after LASIK and vision generally stabilizes within 3-6 months. During this stabilization period, you may experience the following:

- Dry eyes which can be easily solved with eye lubricants
- Glares & haloes during night driving
- Fluctuation of vision

However, it is very rare for these recovery effects to interfere with your normal activities; they will gradually heal within the 3-6 months period.

WHY VISTA?



Lifetime Commitment Program

In very rare cases where you are shortsighted again after LASIK, VISTA's Lifetime Commitment Program offers free retreatment for life.



Our Surgeons

Our highly experienced surgeons undergo stringent training and certification processes in advanced technologies. Our surgeons have also presented multiple clinical papers and shared their experiences to international congresses, including the ASCRS and ESCRS among them.



Stringent Patient Selection

We practice a zero compromise policy when it comes to patient suitability. Your safety comes above all else. All patients undergo highly comprehensive tests before any procedures are recommended.



Safety

We perform your treatment in Class 10K Certified clean rooms – one of the highest & most stringent standards worldwide – equipped with True HEPA (High Efficiency Particulate Air) systems. We maintain a strict schedule for maintenance and servicing of our equipment by certified experts and employ single-use surgery disposables.



Modern Technology

We constantly upgrade our equipment and software to the modern in technology and safety standards to seek for improvement and higher precision in our treatments. This same technology is being used in New York, Tokyo, London, Singapore and etc.



Service Experience

VISTA offers not only world class eye correction procedures here in Malaysia but pair that with a pleasant and comfortable environment, and customer service that starts and ends with a smile.



0% EzyPay up to 24 months

VISTA believes that visual freedom should be affordable for everyone and as such, we are the 1st Eye Specialist to introduce ZERO Interest installments via major banks in Malaysia (absolutely no fees & hidden charges), making the path towards a better eyesight – that much easier.

MAJOR AWARDS



Business of The Year & Best Employer of The Year 2011

F R O S T & S U L L I V A N

Malaysia Frost & Sullivan Vision Care Centre of the Year 2010



Best LASIK Center 2006 & 2011

Alcon

Multifocal Champion Centre Award 2006 - 2009



Highest Usage of ICL and Toric ICL in South East Asia 2009



SME Best Employer Grand Award 2015 & Silver Award 2013



HR Asia™ BEST COMPANIES TO WORK FOR IN ASIA 2013

HR Asia (Best Companies To Work For In Asia) 2013



Best CSR 2011 (Small Company CSR)



2009 - 2012



2005 Celebrating Malaysia's Enterprising Spirit 2003 & 2005



2003 & 2005

A globalEYES MEMBER
AN ALLIANCE OF LEADING EYE CENTRES

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